

**The Fit-N-Club**

Episode 1

**"THIS IS BAYWATCH ON LAND!"**

A Comedy

Written By  
Todd A. Milner

**TV MATURE:**

**Strong Language, Mature Humor and Adult Situations.**

v-08:30:22  
script read draft

Contact Info:  
TrueIndy.com  
212-690-4020  
Todd Milner  
202-670-9850  
milnerta@gmail.com

Join the club where everyone fits in. The Fit-N-Club is a comedy situated around a hilarious group of diverse misfits on a journey in which we all can relate, the quest for self improvement.

Fall in love with this group of counter culture gym lovers and watch them as they try to reinvent their club in a post pandemic economy.

Follow their stories as we learn there is more to these assorted personalities than their beautiful well toned bodies.

Laugh with them as they journey haphazardly toward their goals.

- One to attract new members as they lure back the old.
- Two to improve themselves.
- Three to help their members achieve their Boo Bow moment.

If that does not sell you on a membership then follow the Fit-N-Club because as one of the characters loves to say,

' ' **IT'S BAYWATCH ON LAND!** ' '

And watching might inspire you to get a little healthier too.

**ACTION!**

-----  
**Actors: (in order of Appearance)**

Victor Blackwell  
Play'Dis (Shawn Donnahue)  
Jiah Thompson  
Young Science (Gilford Pettiford)  
Female Trainer (TBD)  
Tyreal Moves  
OGT (TBD)  
Boo Bow (TBD)  
Big AB (TBD)  
Millie Blackwell

**Extras: (in order of Appearance)**

**Two pockets** of two people on the street.  
Gym members  
Man and Woman Boxing  
Project Party Crowd and Party Goers (4)  
Prankster 1 & Prankster 2  
Ambulance crew (2 people)  
Restaurant Patrons  
Waiters

**PLEASE READ:**

If you never read a script before, please review this brief paragraph on script design and layout.

First of all, most scripts are inherently **BORING** to read. One reason, is the lack to visual descriptions unlike in a book.

Remember this, scripts reading is **ACTING**.

Also, try reading with a friend who likes acting. Each of you playing different characters.

**SUGGESTIONS:**

Don't just read the script. Act out the script!

The parentheticals (.....) are actors directions.

1 - Read the name of the character.

2 - Read the acting directions.

.....(The words inside the parentheses '()'.)

3 - Pause. (Examples, beat pause, gestures and or silence.)

4 - Then **ACT OUT** the line.

..... (Like you envision (hear) an actor saying the line.)

5 - Enjoy the process!

**ACTION!**

-----

FADE IN:

ACT 1

MUSIC CUE:

EXT. - DAY - A RUNDOWN STREET IN THE INNER CITY

On a rundown desolate street in a neighborhood that is being gentrified exist this corner property that is pegged to be a great real estate investment.

A luxury car rolls by and parks on the adjacent street corner.

Exits from this high end luxury vehicle is Victor Blackwell. Victor is a 50+ successful real estate developer. Due to the neighborhood Victor dresses in some cheesy low budget workout attire.

On this mostly devoid of life inner city street Victor takes a moment to study the neighborhood. Victor eyes train on this 1970's institutional lime green painted building which houses an out-dated gym draped with a cheap banner sign that reads, "The Fit-N-Club".

The property is for sale. Victor is interested in the building for its potential redevelopment value not for the gym. The gym gates are up and doors are open. The music is blasting so loud you would think they are having a block party.

CUT TO:

INT. - DAY - FIT -N- CLUB - GUEST SERVICES COUNTER

From the guest services POV (*point of view*) we see Victor cross the street and walk toward the entrance of the club.

An over the shoulders POV from the guest services counter reveals a computer monitor playing some prank video as Victor walks toward the entrance.

In the background we see two small pockets of people idling on the street as the club's gym speakers blast:

## PLAY'DIS

(in voice-over on the  
gym speakers)

What's good my fitness fan-  
addicts. That was Drizzy (*Drake*).  
You are listening to, *Play'Dis*  
*afternoon's Play List*, streaming  
live from the Fit-N-Club.  
Remember to follow us on gram.  
Click the SUBSCRIBE button to get  
our future video drops. And don't  
forget to share those "LIKE"  
emojis. This next track is that  
rising Brooklyn roach stomping  
dance hit: "I Don't Give A Hug!"

MUSIC CUE:

SFX (*sound effect*): Door Chime.

Victor Blackwell walks through the gym's main doors.

Upon entrance he is greeted by this twenty something, very  
fit, very beautiful, vivacious personality named, Jiah  
Thompson.

JIAH

Hi, welcome to The Fit-N-Club.  
A club where everyone who is  
about self improvement fits in.  
Jiah Thompson, the assistant  
manager. Can I interest you in a  
membership today?

VICTOR

Hello, Victor Blackwell.

JIAH

How interesting? You will be the  
second person to join today with  
the Blackwell last name.

VICTOR

Oh really, a coincidence?

JIAH

Small world.  
(in salesperson's  
mode)

VICTOR

Well actually, Blackwell is a more common last name than one would first think?

JIAH

I could believe that. In fact, I have a close female friend with that same Blackwell last name too. She will be here at the gym later. Ergo another reason to join the Fit-N-Club today. You not only find people with similar fitness goals they might have similar last names. As I give you my cheesy line salesperson's smile.

*(she gives a cheesy salesperson's smile)*

Thus may I interest you in a membership today?

VICTOR

*(chuckles lightly, smiles politely but dismissively says)*

Thanks, but no thanks. I am just waiting to meet someone here.

*(looks at his phone.)*

JIAH

*(in sales mode)*

Well then, maybe I can give you a tour of our facilities while you wait for your friend. Thus giving me a chance to change your mind about a membership, today.

VICTOR

No I don't think I will change my mind about a membership.

*(says with confidence while looking thru his phone)*

JIAH

*(in salesperson's mode)*

What are you afraid of?

That a sister might sell you on a lifetime membership of self improvement?

VICTOR

*(being an old school  
playboy looks up  
from his phone,  
smiles and counters)*

You know what. I'll make you a deal. I'll take your tour, and by tour's end, I will either sign up for a membership or I will take you out to dinner?

JIAH

*(responding to  
another unwanted  
male invitation)*

Victor, I know we just met and all. But let me introduce you Jiah Thomspen and to every other professional, educated, hard working, intelligent women who has to deal with another unwanted male solicitation.

*(she takes a breath)*

Sir, I do not know what you have in mind. But with all due respect. I am a pescatarian, and America is a free country. Therefore, you may aspire to be a Black Donald Trump. However, I do not aspire to be your Black Melania!

*(gestures)*

Thank you very much.  
Your tour shall begin by you walking this way, sir!

*(she points, turns  
and walks away)*

Camera dolly into a close up of Victor. Victor slowly turns his head toward the camera following Jiah and gives a facial expression of...

VICTOR

*(What the f-- was that?)*

SFX : Laughter

MUSIC CUE:

**ACT 2**

EXT. - DAY - FRONT - THE FIT -N- CLUB

Music thumping over exterior wide of the gym.

CUT TO:

INT. - DAY - FIT -N - CLUB

A transitional montage of club members working out in sexy Pro workout gear. (*Attire example, Nike Pro Gear. Transition example, the Big Bang Theory's atom molecules transitions, but much, much, much more lit!*)

CUT TO:

INT. - DAY - FIT -N- CLUB - THE TOUR

Victor rushes to catch up to Jiah.

Victor

(*apologetically*)

Young lady, I did not mean anything by that. See I am the father of...

JIAH

(*interrupts*)

Sir, I don't care who's father you are. At the Fit-N-Club women can handle themselves. Since you are new to the Club I will give you a first time pass on inappropriate solicitation.

(*she emphasizes*)

We practice the respect rule at the Fit-N-Club. Give respect and respect will be given. You disrespect and you will be disrespected.

(*she points*)

SWISH PAN TO:

A woman boxing with a man. The woman knocks the guy down. Then camera quick pans to Young Science entering the bathroom with an empty water pitcher.



JIAH (CONT'D)

You see Young Science there.

*(she points to Young  
Science)*

He made the mistake upon his  
first day of trying to say a nice  
thing in the wrong way.

SFX : Door Chime.

MUSIC CUE:

FLASHBACK TO:

INT. - DAY - FIT -N- CLUB - PAST - YOUNG SCIENCE 1ST DAY

Young science (Gilford Pettiford III) walks into the Fit-N-Club. He is the typical horny late teen, geeky but cool male that the club has given the nickname of Young Science (Young Sci).

Upon his first entrance into the club a sexy, fit female comparable in age but opposite in demographics to his greets him.

YOUNG SCIENCE

What's poppin', I have been  
following the Fit-N-Club on the  
Gram. And I have decided this is  
the club that you need me to  
subscribe to.

FEMALE TRAINER

Great! Welcome to the Fit-N-Club.  
A club where everyone who is  
about self improvement fits in.

YOUNG SCIENCE

*(bragging)*

Self improvement is Gilford  
Pettiford, the third. I am  
single. A heterosexual male. I  
have a 4.0+, plus, plus GPA,  
*(he punctuates)*  
and I am M.I.T. bound.

FEMALE TRAINER

*(in salesperson mode)*

Great for you! May I interest you  
in a tour of our club?

YOUNG SCIENCE

*(flirting horribly)*

Yes you can beautiful! Did I mention that Gilford Pettiford the third, is single.

FEMALE TRAINER

*(dismissing him as she begins his tour)*

Okay again, great for you! Now why do you want to join the Fit-N-Club?

YOUNG SCIENCE

*(says shamelessly)*

Are you kidding me!

*(as he points to the women in the club)*

Look at all this!

CUT TO:

A slow camera pan across the Club. We see hot men and women working out. They all wear sexy Pro workout gear while exercising. From Young Science's POV all the males are blurred out. Young Science eyes only sees the hot women members working out.

YOUNG SCIENCE (CONT'D)

As my dad would say;

*(gives loud hand gestures)*

"Hot Babes Everywhere!"

"THIS IS BAYWATCH ON LAND"!

All of a sudden the Female Trainer stops. In one quick move she head flips the unsuspecting Young Science. She takes him down face first to the floor mats. She is so fast that Young Science does not have time to react. All we hear is his screaming echo,

YOUNG SCIENCE (CONT'D)

HOLY SHIT!

SFX: BODY SLAM!

She puts him into a painful arm lock with her knee on his back and neck.

FEMALE TRAINER

(*stares at him highly  
annoyed*)

Are you calling me Pamela  
Anderson?

MUSIC CUE:

CUT TO:

A quick transitional montage of strong women lifting weights  
comparable to man. They wear nicely fitted sexy Pro attire.

CUT TO:

INT. - DAY - FIT -N- CLUB - PAST - YOUNG SCIENCE 1ST DAY

FEMALE TRAINER

I watch Baywatch reruns with my  
dad and I don't ever remember TV  
execs letting Pamela kick some  
man's ass on camera while wearing  
a bikini because he was being  
disrespectful.

(*applies pressure*)

Do You!?

CUT TO:

A clip from Baywatch that Pamela Anderson is famous for:  
*"Pamela running on the beach in slow motion."*

CUT BACK TO:

YOUNG SCIENCE

(*in pain groans*)

No.

FEMALE TRAINER

Acting is an honorable profession  
for any woman with her body type,  
feminine prowess and acting  
talents. Do you not concur?

YOUNG SCIENCE

(*in painful arm lock  
moans*)

I fully concur! I fully concur!

FEMALE TRAINER

Now what do you have to say?

## YOUNG SCIENCE

OMG, I am in love. You are like a cross between Pamela and those MMA babes.

*(she applies pressure, he moans louder)*

Women! Women! Yes, definitely women in the mixed martial arts, like you, like Pamela, are very talented,

*(applies more pressure)*

and extremely strong! Owl!

## FEMALE TRAINER

How can you see yourself fitting into our club?

## YOUNG SCIENCE

*Would I get into any more trouble if I was to tell you how this act of intense physical aggression can result in uncontrollable blood flow, thus activating certain lower male body parts!*

## FEMALE TRAINER

*(applies more pressure, he moans in high notes)*

Why do you wish to be a member of the Fit-N-Club?

*(she punctuates by mocking him)*

Mr. M I T bound.

## YOUNG SCIENCE

I want to join the Fit-N-Club because,

*(she applies more pressure)*

## FEMALE TRAINER

Remember be respectful!

## YOUNG SCIENCE

*(in a high pain voice)*

Because,

## FEMALE TRAINER

Think before you speak!

## YOUNG SCIENCE

Because,  
 (he takes a slow deep  
 breath and  
 thoughtfully says)  
 I wish to be a better man.

SFX : Ahhhhhhhhhhh!

FEMALE TRAINER  
 (gives him sad eyes,  
 the hurt puppy look)

MUSIC CUE:

ACT 3

EXT. - DAY - FIT -N - CLUB

Music pumping over an exterior wide of the gym.

CUT TO:

INT. - DAY - FIT -N- CLUB - PRESENT DAY - TOUR

Jiah walks over to where Tyreal is working out as Victor plays catch up to her.

VICTOR  
 My apologies, no disrespect  
 intended. I will take your tour  
 and behave.  
 (smiles as they  
 begins tour)  
 I love a strong black woman.

JIAH  
 Good because,  
 Strong! Black! And a Woman!  
 That's Jiah Thompson.

Just as Jiah punctuates her statement Tyreal jumps up from a weight lifting routine. Right in the path of Victor and Jiah he starts dancing off beat. It startles the shit out of Victor. So startled, Victor jumps out the way nearly hitting his head on a metal bar hanging near them.

VICTOR  
 What the?

JIAH

Relax you are just watching  
Tyreal Moves.

Tyreal has on headphones that covers his ears. They watch him dance. Tyreal pays them no attention as he dances off beat to the music playing in the club. Tyreal holds a special place in the Fit-N-Club. More on the intricacies of Tyreal's story in future episodes. But for now, Tyreal lift weights and dances hilariously off beat when people pass by him.

VICTOR

You sure he is okay? He doesn't  
need medication?

JIAH

Tyreal, is fine. After he  
finishes a lifting rep (routine)  
he dances. You could say that's  
his way of saying hello.

VICTOR

Hello, by having an epileptic fit  
in front of you?

JIAH

Vic why are you hating on the  
epileptics?

VICTOR

Okay, my apologies to those with  
epilepsy. But look, he looks like  
he needs medical attention.

JIAH

Victor truth is everyone does not  
hear the same. Tyreal, he is pure  
inspiration! Besides, he is only  
a little off beat. There are  
worst conditions to have in life.

VICTOR

Depends on what he is listening  
to?

JIAH

*(says mysteriously)*

Nobody knows! But I am sure he is  
on beat to whatever he hears in  
his headphones.

VICTOR

If not someone better call 911.

MUSIC CUE:

CUT TO:

Tyreal Moves. Tyreal dancing hilariously off beat.

CUT TO:

ACT 4

EXT. - DAY - FIT -N- CLUB

Music thumping over exterior wide of the gym.

CUT TO:

A montage of people working out at the gym.

CUT TO:

INT. - DAY - FIT -N- CLUB - TOUR

Victor meets Young Science and the Female Trainer.

Young Science exits the bathroom with a pitcher of yellow liquid. The Female Trainer rushes over to help him. They start serving the other members in the club drinks.

JIAH

Since we talked about him, let me introduce you to Young Science and his girlfriend, the Fit-N-Club's Female Trainer.

VICTOR

The Fit-N-Club's Female Trainer and him. What? they?

JIAH

Com'on, you are an OG. You know there's always more to a young love story than one intense moment of passion.

**FLASHBACK TO:**

**The Young Science take down and him screaming, "Holy Shit!".**

**SFX : Body Slam!**

**FREEZE FRAME:**

JIAH (CONT'D)

*(in voice over)*

Turns out the world of Science  
and the world of Fitness have  
more in common than one would  
first imagine.

**MUSIC CUE:**

**CUT BACK TO:**

**INT. - DAY - FIT -N- CLUB - PAST - YOUNG SCIENCE 1ST DAY**

**FEMALE TRAINER**

*(releasing her grip  
on Young Science.)*

For future reference lead with,  
"I wish to be a better man".  
Now, welcome to the club!

*(She extends a  
helping hand.)*

Get off the floor and let me give  
you a tour of the club.

**YOUNG SCIENCE**

If it's alright with you I would  
like to keep the floor mats  
company a little while longer for  
my testosterone levels to recede  
from their engorged state.

*(as he slowly pulls  
his hands toward his  
groin)*

My lower body parts cannot afford  
to offend any other women in the  
club.

*(as he moans from the  
painful body slam)*

**FEMALE TRAINER**

*(chuckles)*

You might just qualify to be  
called, "my new work in  
progress". So you said a 4.0 GPA  
and you are M I T bound?



YOUNG SCIENCE

*(rises from the mats,  
covering his groin  
area.)*

No. I said! I have a 4.0+, plus,  
plus GPA,

*(he punctuates while  
bragging)*

and it is, M.I.T. Bound!

FEMALE TRAINER

*(smiles and chuckles  
lightly)*

My dad has taught me to like a  
man with a big brain.

YOUNG SCIENCE

*(eyes open wide.)*

Seriously!

FEMALE TRAINER

But first, he must learn to  
respect women.

YOUNG SCIENCE

*(gives a big Kool Aid  
smile with a horny  
teen's grin.)*

Okay, I can do that!

FEMALE TRAINER

There might be hope for you yet.  
*(she smiles)*

MUSIC CUE:

CUT TO:

A montage of men and women, closely but respectfully, working  
out together.

CUT TO:

EXT. - DAY - FIT -N - CLUB - PRESENT DAY

Music thumping over exterior wide of the gym.

CUT TO:

INT. - DAY - FIT-N-CLUB -VICTOR MEETS YOUNG SCIENCE - PRESENT

VICTOR

What is that they are giving out?  
(points to them)

JIAH

One of Young Science's daily  
elixirs.

VICTOR

(gives puzzled look)  
Elixir! But he just came out the  
bathroom with a jug of yellow  
colored liquid.

*Young Science and the Female Trainer pass out their elixir to  
the other members as Jiah and Victor approach.*

FEMALE TRAINER

Jiah, you have to try this!  
(hands them a cup)

YOUNG SCIENCE

The best my body has produced to  
date.  
(they start drinking)

VICTOR

What is this called?  
(as he begins to  
drink.)

YOUNG SCIENCE

Young Science's P-water!

VICTOR

(spits it out  
immediately.)  
Did you say Pee Water?

YOUNG SCIENCE

No. I said! Young Science's P-  
water. Big difference! My body  
produces some of the best P-water  
around, my friend.  
(Vic looks confused)

JIAH

Protein water. P-water, that's  
Fit-N-Talk.

## FEMALE TRAINER

Like Vitamin water, but protein infused.

## YOUNG SCIENCE

Protein water is good for athletes, body builders and people who want a healthy alternative to those sugary caloric beverages.

## FEMALE TRAINER

There is nothing like Young Science's P-water on the mass market.

## JIAH

Yet, on the market yet. My girl Millie and I are trying to help him. First, to perfect his formulas. Second, Shark Tank. Third, the mass market.

*(Victor looks impressed.)*

## YOUNG SCIENCE

Young Science's P-water not only contains 25 grams of collagen protein in every cup. But upon the advice of my fellow Fit-N-Club members; we added electrolytes, vitamins, amino acids and five special minerals that help sustain muscle retention. That my friends is what the Fit-N-Club calls...

## GROUP

*(raises cups to toast,)*

YOUNG SCIENCE'S P-WATER!

YOUNG SCIENCE

Quoting our fearless leader Jiah  
Thompson, "Thank you very much!"  
*(they all drink,  
except Victor)*

JIAH

Young Sci this is good.  
Now, I'm quoting OGT,  
"Young one, this is real good."  
"I am talking **R E A L good.**"  
*(the group agrees)*

YOUNG SCIENCE

Seriously?

JIAH

Let's ask Victor's opinion. This  
is his first time sampling your  
P-water. Victor your thoughts?

Victor trying not to drink the P-water. But since everyone is  
watching, he reluctantly sips the yellow water.

VICTOR

Actually, its good.  
*(drinks more)*  
You're right it's **R E A L good.**  
*(extends hand)*  
Victor Blackwell here.

YOUNG SCIENCE

Nice to meet you, Gilford  
Pettiford, the third. Blackwell,  
Jiah he has same name as your  
girl Millie, right?

JIAH

Yes, we established that fact  
already.

FEMALE TRAINER

It's a more common last name than  
you would think. A couple of  
people with that Blackwell last  
name has join the club this week.

JIAH

Yeah, and if Victor stays for the whole tour, behaves himself and signs up for a membership, then maybe I will let him meet her at the end.

*(cheesy smile)*

And then maybe I'll let Victor in as an investor on the ground floor of Young Science's P-water.

*(smiles)*

FEMALE TRAINER

By the way, where's Millie? She is usually here by now.

JIAH

Mills. She is on her way here. We have a dinner meeting with some investor tonight.

FEMALE TRAINER

That's why I love your girl Millie. She is a woman about business.

YOUNG SCIENCE

Yeah, you know the club's Millie motto, Millie means Money!

JIAH

That's what I love about her too. She is a black female business super power, that is so attractive.

VICTOR

Sounds like you really care for this girl?

FEMALE TRAINER

That's an understatement.

JIAH

What?

FEMALE TRAINER

Jiah, the whole club knows you are whipped on Millie.

JIAH

Whipped? Not Jiah Thompson. But I do love that girl. She is my inspiration, my motivation. Millie (Mills) is super successful, super smart and super beautiful.

*(ponders in thought)*

*Some days I question, why does a girl with all those features wants to be with my ugly ass?*

YOUNG SCIENCE

Jiah you are not ugly.

VICTOR

*(with Female Trainer)*

I fully concur. I fully concur.

JIAH

Thank you very much! But I am your boss. And I am still not going out to dinner with you. I don't know if you have hearing problems Vic. But I told you, I am a pescatarian. Which means Victor, I only eat fish!

*(shakes her head)*

Your tour of our facilities continues by you walking this way!

*(she turns, points and walks off again)*

As Jiah passes the camera dollies into a three (3) shot of Victor, Young Science and the Female Trainer.

YOUNG SCIENCE & FEMALE TRAINER

What do you want us to say?

*(as they stare at each other)*

That's Jiah Thompson.

MUSIC CUE:

**ACT 5**

EXT. - DAY - FIT -N - CLUB

Music thumping over exterior wide of the gym.

CUT TO:

INT. - DAY - FIT -N- CLUB - THE TOUR - VICTOR MEETS OGT

OGT is one of the older members in the club. They call him OGT because he always drops old school knowledge. Also, OGT has the friends who can hook you up with the best discounts.

OGT

Jiah, Jiah. Did my Man-T hook you up on the ring for Millie, or what?

JIAH

Yeah, let me show you.  
*(takes box out)*  
 By the way Victor - OGT,  
 OGT - Victor.  
*(exchange greetings)*  
 Again thanks, My Man T is a really good hook up.  
*(shows the ring)*

OGT

Nice. Nice. Cut, Color, Clarity

JIAH

And cost a small fortune!

VICTOR

Jiah Wow!  
*(as he inspects the ring)*

OGT

Speaking of fortunes, how are the club's fortunes? Did they find a buyer for the building? Will we be closing soon? Any updates?

JIAH

Update is, Millie and I are suppose to meet with some big investor this evening so keep those fingers crossed.

VICTOR

*(looking at the ring)*

Wow, Jiah are you planning on proposing to Millie?

JIAH

Victor, why are you all up in my business? Eyeing my merch!

*(snaps the box close  
in Victor face as  
she takes back the  
ring.)*

VICTOR

You are really serious about Millie?

JIAH

Now you get the picture!  
Pescatarian, lesbian. Sometimes men can be so thick in the head.

OGT

My **B A D** Jiah, I thought this was your dad?

JIAH

Who Victor? My dad. Oh, hell no!

VICTOR

Actually, I am the father of...  
Hold on, why did you say it like that? I can't be your step dad or dad in-law or something else like that?

JIAH

Victor, I am trying to get you to be my client, not my sugar daddy!  
*(she turns, points  
and walks off)*

As Jiah walks off camera dollies into a two (2) shot of OGT and Victor.



OGT

What do you want me to say?  
(as they look at each  
other)  
That's Jiah Thompson.

MUSIC CUE:

ACT 6

EXT. - DAY - FIT -N - CLUB

Music thumping over exterior wide of the gym.

CUT TO:

INT. - DAY - FIT -N- CLUB - THE TOUR

VICTOR

(catches up to Jiah)  
Closing. How are you going to  
sell me or sell anybody a  
membership to a club that is  
closing down? Isn't that kind of  
unethical?

JIAH

Victor, I am not selling you a  
membership to a building. I am  
offering you a lifetime  
membership to better health.  
(she directs Victor  
to look at the gym  
lovers)  
Victor, look around. What do you  
see?

VICTOR

Good looking people sweating  
their A's off!

JIAH

No Victor. What you see is inspiration. Good looking inspiration sweating their A's off. Inspiration is motivation!

*(a thought pause)*

All these people you see they were not always hot nor inspiring.

*(beat pause)*

Victor don't join, just hang around today and meet the other Fit-N-Club members. Then Victor I guarantee you just by hanging with us, by watching us, you will be inspired to think healthier.

VICTOR

There are no guarantees in life?

JIAH

Victor every member of the Fit-N-Club at some point along their journey of self improvement was you.

*(retrospective)*

Take me for example. A once skinny shy black girl who was more tomboy than girly girl. A gym, this club, these people, they made an awkward, out-of-place teen feel welcomed. They made me feel a little less like an outcast and little less alone. On top of that I found the girl of my dreams here.

VICTOR

Really! Millie is the girl of your dreams?

JIAH

*(says with love)*

Yes Victor she is!

But me and Millie's love affair  
is not the point of this  
conversation, Vic.

Now as I was saying;

*(sighs and takes a  
breath)*

Pre-pandemic there were over 64  
million active gym members in the  
US. More than half left due to  
the pandemic. Our mission at the  
Fit-N-Club is to inspire a  
fraction of them to rediscover  
the fun and the beauty in  
fitness. At that point, this  
club is more than profitable. And  
if that doesn't work for you Vic  
then join for Young Science's  
reason.

**FLASHBACK TO:**

**YOUNG SCIENCE**

**"Hot Babes Everywhere!"**

**"THIS IS BAYWATCH ON LAND!"**

**CUT BACK TO:**

JIAH

But before you say that aloud,  
be forewarned a painful body slam  
might follow.

VICTOR

*(lightly chuckles)*

JIAH

Best of all the cost is NEXT to  
free!

VICTOR

How do you propose to make money  
if the memberships are free?

JIAH

I said next to free! Like in the neighborhood of, roundabout, in the vicinity of. Look to join, to watch, to follow, to subscribe that is all online. It's all free. To train here at the physical club every member pays 10 bucks per month. Rest assured Jiah Thompson has a plan to eliminate that, called:

*(she gives a gesture  
of big confidence)*

The Jiah Matrix.

VICTOR

What is the Jiah Matrix?

JIAH

*(says with  
confidence,)*

My concepts to make this club healthier and more profitable are revolutionary. But, I can't divulge all my secrets on the first tour Victor.

*(she smiles)*

JIAH (CONT'D)

You have to sign up for a membership first, before you can get all of this Black Girl Magic working for you!

*(they smile)*

MUSIC CUE:

**ACT 7**

CUT TO:

INT. - DAY - FIT -N- CLUB - THE TOUR

SFX: Door Chime.

Big AB enters. It's Big AB's first time in the club. Jiah notices that they are one of the people from the two groups of people milling around the outside of the gym that we saw upon Victor's entrance into the club.

Big AB wears a hidden camera that is live streaming her actions. Big AB stops at the front desk. From Big AB's POV we see Big AB's friends chuckling in the far background outside the club, as they watch Big AB's actions on their phones.

CUT TO:

INT. - DAY - FIT -N- CLUB - THE TOUR - VICTOR MEETS PLAY'DIS

Jiah brings Victor over to Play'Dis DJ booth.

JIAH (CONT'D)

Play'Dis could you continue to introduce Mr. Victor to our club and hopefully he will sign up for a membership at tour's end.

VICTOR

*(exchange greetings)*

And it's just Victor, no Mr., no Sir, no last name required.

PLAY'DIS

Ok then Big Vic.

JIAH

Excuse me. I shall return shortly.

*(Jiah leaves to greet Big AB)*

VICTOR

Oh wow, she dumped me for another man. That is not very customer friendly.

*Just then Boo Bow walks by.*

PLAY'DIS

What do you want me to say?

VICTOR

That's Jiah Thompson.

PLAY'DIS

*(signals over Boo Bow)*

Na, that's not Jiah Thompson.

*(Play'Dis introduces Victor to Boo Bow)*

Hey BB!

Double B Victor, Victor Double B.

BOO BOW

Hello.  
(exchange greetings)

VICTOR

It's BB. For?

BOO BOW

It is the name upon my shirt.  
(Boo Bow points to  
the letters on his  
shirt and smiles)

Boo Bow, has a great physique. He is from a foreign country with a thick accent. He has difficulty with US English subject to verb word agreements. He loves hanging with people of color. He is the club's social media personality. Every member in the Fit-N-Club including you will have yourself a Boo Bow moment later in the series.

PLAY'DIS

Something is up with that?  
We know Jiah, she wouldn't dump  
anyone. Jiah's is a ride and die  
to the end type of woman.

BOO BOW

Yeah, this club follow Jiah and  
Millie into war. They are an  
awesome team.

VICTOR

Oh really.

BOO BOW

I go investigate what is up with  
the new guy.  
(Boo Bow walks off)

VICTOR

So while we wait. Is it Play-Disc  
like the CD or Play-This like,  
(spell out)  
T H I S?

PLAY'DIS

Actually, it is Play'Dis with an  
apostrophe D I S.

VICTOR

(looks puzzled)  
I sense a story.

## PLAY'DIS

Well, my real name is Shawn  
Donohue. I grew up in Bed-Sty,  
the black side, Marcy Projects,  
Sumner Houses, represent!

*(gives a shout out)*

Picture this, west side story, a  
pale white kid growing up in a  
mostly black and Puerto Rican  
Pj's spinning music from back in  
the days. There are many  
adventures and many stories.

## FLASHBACK TO:

## INT. - NIGHT - PROJECT PARTY

As Play'Dis tells the story we flash back to the project  
party.

## PLAY'DIS (CONT'D)

*(in voice over)*

My boy and I would DJ at project  
house parties. And you know in  
the PJ's, they will stop scratch  
a record on a white brother in a  
heartbeat to get their point  
across.

## PARTY GOERS

*(montage of various  
people saying)*

- 1-Hey DJ, could you play this?
- 2-DJ please play this?
- 3-Yo DJ play this?
- 4-Please could you play this?

The party goers are not getting Shawn's attention. Someone  
across the room stops the music by pulling the plug that  
powers the DJ equipment. The entire party stops and looks.

SFX : Loud Stop Record Scratch

**PARTY GOER 1**  
*(yells really loud  
 while holding up and  
 pointing to a music  
 album cover)*

**YO WHITE BOY, PLAY'DISssssss!**

**MUSIC CUE:**

**ACT 8**

EXT. - DAY - FIT -N - CLUB

Music thumping over exterior wide of the gym.

**CUT TO:**

INT. - DAY - FIT -N- CLUB - TOUR - PRESENT DAY

PLAY'DIS

After that, everyone called me  
 White Boy Play'Dis.

VICTOR

*(lightly chuckles)*

PLAY'DIS

You laugh but in the hood, a hot  
 easy to remember name gets you  
 gigs.

VICTOR

True.

PLAY'DIS

White Boy Play'Dis makes me bank.  
 It's lit and I am lovin' it!

VICTOR

I hear that. I take it you have  
 something to do with all the  
 different tunes playing at the  
 Club today?



PLAY'DIS

I am the Fit-N-Club's official DJ, VJ, Youtuber, aka Live Streamer, and Podcaster. So if you want a tune pumped when working out. You know what to say.

VICTOR

Yo white Boy, Play'Dis.

PLAY'DIS

No it's, PLAY'DISsssssssss!  
(as he gestures and mimics the party goer)

MUSIC CUE:

CUT TO:

EXT. - DAY - FIT -N - CLUB

Music thumping over exterior wide of the gym.

CUT TO:

INT. - DAY - FIT -N- CLUB - THE TOUR - BOO BOW RETURNS

BOO BOW

I investigation reveal, an American YouTube Jokester.

PLAY'DIS

Huh?

BOO BOW

Jiah Thompson say watch.

Jiah brings Big AB over to where Tyreal is working out. Like Victor before him, Tyreal jumps up and starts dancing in front of them. Tyreal's hilarious off beat dancing startles the mess out of unsepecting Big AB. But unlike Victor Big AB does not see the hanging bar. Big AB slams face first into the bar. The force of the smash spins Big AB the opposite direction. Big AB falls out cold onto the floor. The screen and sound goes dark.

FADE OUT.

ACT 9

FADE IN:

EXT. - DAY - OUTSIDE - FIT - N - CLUB - AMBULANCE

Everyone is around Big AB on a stretcher.

BIG AB

*(mumbles as he  
regains conscience)*

What happened?

PRANKER FRIEND 1

You knocked yourself the F-out!

PRANKER FRIEND 2

You are now oficial!  
*(plays a TicTok of  
Big AB)*

TICTOK

*(Video music meme  
repeating; "Oh Shit!  
He knocked himself  
the F-out!")*

PRANKER FRIEND 1

Bro you got like 2 million views  
already!

BIG AB

**R U F N K N M E!**

AMBULANCE

Okay we have to get him to the  
hospital for tests.

BIG AB

Jiah, I still got that membership right?

JIAH

Most definitely but you take care of your head first.

*(Ambulance drives off)*

VICTOR

Jiah wow! Instead of that man talking about suing you. He wants to join your club. Jiah Thompson you are one amazing talent.

JIAH

That is what we do here Victor. We inspire people towards having their own Boo Bow moment. Now lets talk about your membership and no more flirting.

VICTOR

Jiah I am so impressed with you. I look forward to our dinner.

JIAH

Jeez Vic you are persistent. What are you one of those old time male converters?

*(shakes her head)*

Men, you think your game is so tight that you can convert every fish loving pescetarian, into a meat eating man lover.

*(she takes a breath,  
loud hand gestures)*

Final News Flash Vic! You, me, dinner, and whatever duo pescetarian love fantasies upon which your male mind maybe meditating upon with me and my girl Millie,

*(Victor smiles as she  
boldly punctuates)*

It ain't happening!

At this point Millie enters. She kisses Jiah and then she kisses Victor on the cheek. Everyone looks at them.

MILLIE

Hi Daddy.

THE GROUP

HI DADDY!

MILLIE

Yes, he is my father.

THE GROUP

No Shit!

MILLIE

Why? What did I miss?

JIAH

Guess who's coming to dinner!

SFX : Laughter.

MUSIC CUE:

..

**ACT 10**

EXT. - NIGHT - RESTAURANT

Establishing shot of Restaurant.

CUT TO:

INT. - NIGHT - RESTAURANT - TABLE

Jiah acts nervous, as one normally would act upon meeting their partner's parent for the first time. Jiah is on her best behavior. She is very polite and well mannered to Victor.

JIAH

*(pulls out the chair  
for Victor)*

For you Mr. Blackwell, sir.

VICTOR

*(looks at Jiah and  
smiles)*

Why thank you, Jiah!

JIAH

*(pulls out the chair  
for Millie)*

For you my beautiful queen.  
*(obviously nervous)*

MILLIE

Thank you babe!

JIAH

Babe you need water. Can we get water here? Mr. Blackwell you need water too. Two. No three, yes three waters. Waiter, waiter, waiter! Water, water, water!

MILLIE

Jiah, are you okay?

JIAH

Yes, I am fine but can you accompany me to the bathroom.  
*(turns to Victor)*  
Please excuse us Mr. Blackwell, sir.

CUT TO:

INT. - NIGHT - RESTAURANT BATHROOM

JIAH

*(frantic)*

Babe, why didn't you tell me it was your dad who we were going to dinner with?

MILLIE

I told you I arranged a business dinner with a potential investor. Why does it matter if he is my dad?

JIAH

*(air gestures)*

Why does it matter, she says!

*(shakes her head)*

After today he is never going to invest in me, let alone the club.

MILLIE

Relax sweetie, I know my father.  
For him to invest he needs to  
discover the great things about  
you and the other members of the  
Fit-N Club for himself.

JIAH

You don't get it, Mills. I showed  
my ass off to your dad today at  
the club.

MILLIE

Jiah you are being over dramatic.

JIAH

No you don't understand babe.  
(*dramatically*)  
I literally showed your dad my  
ass today!

CUT TO EARLIER:

Jiah shows Victor her ass.

INT. - DAY - FIT -N- CLUB - JIAH &amp; TRAINER TRAIN VICTOR

In an attempt to give Victor encouragement while training him  
Jiah and the Female Trainer show Victor their gluteus. They  
pull up their shirts to show off their glutes while wearing  
pro workout gear. (e.g. NikePro)

JIAH

You see these glutes?  
(*shows glutes {ass}*)  
Once you put work in Vic then you  
can hang with these glutes.

CUT BACK TO:

INT. - NIGHT - RESTAURANT BATHROOM

JIAH

Your dad is never going to like  
me now.

MILLIE

Don't be silly.

JIAH

You don't understand how bad I acted today in front of him, Mills.

MILLIE

I know my father, if he didn't like you, I would know.

JIAH

Babe, I made your dad grab my ass today.

MILLIE

What?

JIAH

*(demonstrates with Millie's hand)*

I took your dad's hand, placed it on my ass and told him, to cuff it!

**CUT TO EARLIER:**

**Jiah takes Victor's hand and puts it on her glutes.**

**INT. - DAY - FIT -N- CLUB - JIAH & TRAINER TRAIN VICTOR**

**Jiah and the Female Trainer train Victor on a "Smith" type squat machine.**

**Jiah and the Female trainer in an attempt to give Victor encouragement.**

JIAH

**Feel that Vic? You feel that!**

*(she puts his hand on her gluteus (ass))*

**Now that's what you call a G-maximus muscle Vic! What you have you their in the business we call that a, G-minimus muscle.**

*(points to Victor's ass)*

**Join the club today and we'll get your G-mini to be a G-maxi. Feel that Victor! Cuff it! Feel it! Cuff it!**

**CUT BACK TO:**

INT. - NIGHT - RESTAURANT BATHROOM

JIAH

I feel so embarrassed. And Mills you know I don't easily get embarrassed.

MILLIE

Jiah I think you are over reacting. You were selling him a membership. You were in salesperson's mode. That is your job to motivate, to inspire people to achieve their Boo Bow moment.

JIAH

No babe you don't understand!

*(dramatically)*

I literally,

*(Jiah air gestures  
loud spanking sounds  
as she says each  
word slowly)*

Spanked, Your, Dad's, ASS!

**CUT TO EARLIER:**

**Jiah literally spanking Victor on the ass.**

INT. - DAY - FIT -N- CLUB - JIAH & TRAINER TRAIN VICTOR

Jiah and the Female Trainer spank Victor's gluteus like you do in sports to inspire, to encourage and or to congratulate a teammate.

JIAH

Come on Vic, you got one more in you!

FEMALE TRAINER

One more. Give us one more. Vic you got this!

**CUT TO:**



EXT. - NIGHT - RESTAURANT

Establishing shot of Restaurant.

CUT TO:

INT. - NIGHT - RESTAURANT TABLE

Jiah and Millie return. Upon returning to the table Millie gets a phone call.

MILLIE

Jiah, Dad excuse me for a second,  
this is business.

JIAH

Mills don't leave me.

VICTOR

Jiah, have a seat, let's talk  
marriage.

*(Jiah looks stunned  
as she remembers he  
saw the ring)*

FLASHBACK TO:

INT. - DAY - FIT -N- CLUB - TOUR

VICTOR

Wow, Jiah are you planning on  
proposing to Millie?

JIAH

Victor, why are you all up in my  
business! Eyeing my merch!

*(snaps box closed,  
she takes back the  
ring)*

CUT BACK TO:

INT. - NIGHT - RESTAURANT TABLE

MILLIE

Yes, you two talk about a  
business marriage while I handle  
this phone call.

JIAH

(after Millie is out  
of sight)

Sir, Mr. Blackwell I am so, so sorry about that. I planned to ask for Millie's hand in marriage more respectfully, with a more proper sit down and request. But I did not know who you were. I mean you told me who you were, but I didn't really realize who you really were.

VICTOR

Jiah no worries. Had you known, we probably wouldn't be sitting here. In business Jiah I learned the best deals tend to be the unexpected deals. Jiah I think you are an unexpectedly great deal.

JIAH

Why thank you very much Mr. Blackwell, sir.

VICTOR

Jiah at breakfast with my daughter, my plan was to buy a property, close down a gym, and give its inhabitants the boot. Now at dinner with my daughter's girlfriend, hopefully her future fiance,

(smiles.)

I am investing in. No I am subscribing to. No I am a joining a group called, the Fit-N-Club.

JIAH

A club where everyone who is  
about self improvement fits in.  
(*smiles*)

VICTOR

Jiah today you and the Fit-N-Club  
members motivated me to embark on  
that journey we all can relate to  
the quest for self improvement.

(*beat pause*)

Jiah, you inspired me. Or shall I  
say, you inspired my glutes.

(*smiles*)

JIAH

I don't know what to you say,  
sir?

But, that's Jiah Thompson.

(*smiles*)

VICTOR

Jiah I would love to have you as  
a daughter in law. I will not  
mention the ring or the proposal  
to Millie. That's all you!  
Whenever you feel the time is  
right, no hurries.

JIAH

Thank you very much, Mr.  
Blackwell, sir.

Millie returns to the table.

MILLIE

Good news, that was the other  
side's lawyers. They accepted our  
offer. Dad, Blackwell Development  
will be the proud owner of land  
parcel 4321, aka The Fit-N-Club.

(*they all hug and  
kiss*)

VICTOR

Good work baby. Like your mother  
you are a powerhouse.

MILLIE

So this marriage between you two?

JIAH

He said he will invest.

MILLIE

Great! Thank You Daddy!

VICTOR

No thank you baby. Jiah is an amazing woman. But I have a couple of terms and conditions. Foremost, starting from right now, Jiah, I need you to be yourself around me. No more Mr., Sir., Mr. Blackwell. Outside of formal business treat me like any other member of the club. Could you do that?

JIAH

Yes Sir, Mr. Blackwell, I mean Vic.

*(smiles)*

VICTOR

Great, the rest let the lawyers and time workout.

MILLIE

I love you Daddy.

*(she kisses him on  
the cheek)*

VICTOR

I love you too baby. Well ladies I don't know about you but I am starving. I had one amazing workout today. Thanks to one, Jiah Thompson!

*(they give a small  
applause)*

I am eating the largest steak in the house tonight and you ladies?

JIAH

Vic, you and your daughter  
*(she kisses Millie's  
 hand)*  
 have made me one of the happiest  
 women on earth today. So if it is  
 alright with you Vic;  
*(says with a warm  
 happy smile)*  
 Tonight, I am eating fish!

Jiah smiles and looks at her menu. Millie and Victor looks up  
 and freezes.

MILLIE

Oh no dad, see Jiah is a  
 pescatarian. She only eats fish?

VICTOR

*(acting like he did  
 not just hear that.)*  
 Sweetheart, I know Jiah is a  
 pescatarian. But after hanging  
 with Jiah for only one day, you,  
 me and everyone else who is  
 listening knows,  
*(on beat)*  
 Jiah meant both!

SFX : They All Laugh!

THE END

MUSIC CUE:

TITLE CARD

The Fit-N-Club  
 Join Us, today!  
 Follow, Like & Click  
 Subscribe for notice of future  
 video drops (episodes).

EPISODE 1

"IT'S BAYWATCH ON LAND"

Credit Crawl.